



Tirumala Tirupati Devasthanams  
శ్రీ వేంకటేశ్వర కళాశాల  
**Sri Venkateswara College**  
(University of Delhi)  
NAAC Grade A+

**SRI VENKATESWARA COLLEGE  
(UNIVERSITY OF DELHI)**

**EVENT REPORT**

**NAME OF THE EVENT: THE ART OF MIND CONTROL-A PERSONALITY ENRICHMENT SESSION BASED ON THE BHAGAVAD GITA**

DATE	DEPARTMENT	COMMITTEE/SOCIETY	COORDINATORS' NAME
29 <sup>th</sup> November 2022	Electronics	Electronics Economics	Dr Hari Singh Dr Neha Verma Mr Krishna Kumar
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: Outdoor/Indoor; online/offline/hybrid
02:00 PM to 04:30 PM	Seminar Hall, Durgabai Deshmukh Building, SVC, DU	58+ (52-Students, 6-Faculty Members)	Indoor Offline
FINANCIAL SUPPORT/ASSISTANCE (if any):	NA		

**BRIEF INFORMATION ABOUT THE ACTIVITY**

<b>TOPIC/SUBJECT OF THE ACTIVITY</b>	The Art of Mind Control-A Personality Enrichment Workshop based on Bhagavad Gita
<b>OBJECTIVES</b>	This workshop aimed to enlighten and enrich the students about the Art of Mind Control and Mantra Meditation based on the Bhagavad Gita. The workshop extensively addressed the important questions such as ➤ What should one focus on to be successful in life? ➤ How one can improve his/her concentration? ➤ The techniques one should learn to improve his/her quality of life.
<b>METHODOLOGY</b>	The workshop comprised a Motivational Talk on the Mind followed by the practical applications of the Bhagavad Gita for improving concentration and quality of life to become successful. A session on Mantra Meditation was also organized for all the participants including students and teachers. The volunteers from the Bhaktivedanta Academy for Culture and Education (BACE) performed a drama to showcase the ever-going inner fight between the mind and intelligence. In the end, every participant was served sumptuous Prasadam (Sanctified Food).
<b>INVITED SPEAKERS WITH AFFILIATION DETAILS ( IF ANY)</b>	1. HG Lila Shukh Prabhuji (Europe) Teaching Bhakti Yoga for the past 15 years. 2. HG Amrit Gaur Prabhuji B.Tech, M.Tech, R&D(AIT),

	Former Professor, Giani Zail Singh College. Bhaktivedanta Academy of Culture and Education (BACE)
<b>OUTCOMES</b>	The seminar unfolded many greater insights into meditation, mind control and how Bhagavad Gita is the solution to all our problems. The participants were guided on how to live a better life.

**PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):**

1 Notice & Letters  ✓	2 Number of Participants & Name of Participants  ✓	3 Video Clip  ✓	4 Photos  ✓	5 Feedback Form & Analysis  ✓
6 News clip with details	7 Sample Copy of the Certificate	8 Posters/Invites  ✓	9 Event Report Attested by Event Coordinator & IQAC Coordinator  ✓	10 Any Other Document

IQAC Document No : IQAC/SVC/2022-2023/ELECTR/03	Criterion No : V, VII
Departmental File No: ELECTRONICS/2022-2023/ELECTRSOC/03	IQAC File No: SVC/202-23

NAME OF TEACHER & SIGNATURE	NAME OF HEAD/ COMMITTEE INCHARGE & SIGNATURE	IQAC COORDINATOR (SEAL & SIGNATURE)
Dr Hari Singh	Dr Nutan Joshi	

For Reference

Criterion I	Curricular Aspects (Planning & Implementation)	Criterion V	Student Support & Progression
Criterion II	Teaching, Learning & Evaluation	Criterion VI	Governance
Criterion III	Research, Innovations & Extension	Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure		

## SUMMARY REPORT

The workshop on the topic of the Art of Mind Control-A Personality Enrichment Session based on Bhagavad Gita was held on 29<sup>th</sup> November 2022 with **HG Lila Shukh Prabhuji** (Europe) who has been teaching Bhakti Yoga for the past 15 years and **HG Amrit Gaur Prabhuji** (*B.Tech, M.Tech, R&D(AIT), Former Professor, Giani Zail Singh College*) from *Bhaktivedanta Academy of Culture and Education (BACE)* as the guest speakers. To begin with, the lamp lighting ceremony was performed by the chief guest *HG Lila Shukh Prabhuji* and *HG Amrit Gaur Prabhuji* followed by Mr Krishna Kumar, Department of Economics, Dr Hari Singh, Department of Electronics and Student Volunteers, Department of Electronics. After that, the Guest Speakers were felicitated by offering Tulsi Saplings.

The workshop was initiated by HG Lila Shukh Prabhuji who addressed the gathering and highlighted all the facts regarding philosophy, how their philosophy views other religions, the values of the Holy Bhagavad Gita, how we can encourage and inspire others to read Bhagavad Gita. He enlightened the participants by giving the idea about the hierarchy of matter, senses, mind, intelligence and soul. He also emphasized the fact that Bhagavad Gita is the solution for our all material and spiritual problems. The workshop was followed by an interactive Questionnaire Session with the participants including students and faculty members. Their queries were answered by HG Lila Shukh Prabhuji in a quiet convincing manner.

This was followed by an interactive and lively session conducted by HG Amrit Gaur Prabhuji. He described how the mind is distracted and talked about various methods to control it as mentioned in Bhagavad Gita. He illustrated how the mind rules over the soul and how Bhagavad Gita helps the soul to win over the corrupt and diverted mind in the darkness of the Current Age (Kaliyuga). A live drama was performed by three volunteers, HG Subhash Prabhuji, HG Kundan Prabhuji and HG Nikhil Prabhuji, from the International Society of Krishna Consciousness (ISKCON). They enacted as Mind, Soul and Kaliyuga. After that, the copies of Bhagavad Gita were distributed to all the participants to find the solution to various problems we all face in our daily life. That was really interesting and amazing to find so many things in a span of a few minutes.

The workshop concluded with a photo session of with guest speakers and participants. At the end, the delicious Prasadam (Sanctified Food) was distributed to all the participants.

The workshop would not have been possible without the support of the Principal-**Prof C Sheela Reddy**, Faculty Coordinators-Mr Krishna Kumar, Dr Hari Singh, Dr Neha Verma and the **Student Volunteers** from the Department of Electronics as follows:

1. Devanshu Kala (*Student Coordinator*) – *Year II*
2. Kislay Kumar (*Student Coordinator*) – *Year II*
3. Ipshita Tripathi – *Year II*
4. Janhavi Maloo – *Year II*
5. Nikita Dhyani – *Year II*
6. Rohit Singh - *Year II*
7. Sumit Mishra – *Year II*
8. Binapani Sing – *Year I*
9. Doyel Das Gupta – *Year I*
10. Kartik – *Year I*
11. Shruti Baranwal – *Year I*
12. Shruti Nain – *Year I*
13. Srijan Bhargava – *Year I*
14. Vibha Yadav – *Year I*

The workshop was very successful in offering the students greater insights into meditation, mind control and how Bhagavad Gita is the solution to all our problems and guided them towards a better quality of life.

## PROOFS

### Letter for Permission to conduct the Workshop



Hari Singh <hsingh@svc.ac.in>

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**Re:**

1 message

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**S. Krishna Kumar** <skkumar@svc.ac.in>  
To: youth devotee <er.anandojha@gmail.com>  
Cc: Hari Singh <hsingh@svc.ac.in>

Thu, Nov 24, 2022 at 11:43 AM

Dear Sir

Dr. Hari Singh will be co-ordinating the event for all the college on 29th November, 2 PM. Kindly send the profile of both the speakers, we are readying for the event .

Best

Krishnakumar

On Sat, 19 Nov 2022, 1:11 pm youth devotee, <er.anandojha@gmail.com> wrote:

To,

The Principal Sir ,  
Sri Venkateswara College(DU)  
New Delhi, University of Delhi  
New Delhi

Sub: Letter for Asking Permission to Conduct Seminar

Sir,

I am writing this letter to request permission to conduct a seminar between 21th November to 29th November 2022 (scheduled according to your availability). We wish to conduct a seminar on following topics as per your choice and convenience. I believe this will be a very informative seminar that many students will wish to attend.

Topic for seminar

1. Discover Yourself
2. Art of Mind Control
3. Stress to Smile
4. Art of smart work.
5. Power of Habit

Speaker - Amrit Gaur Das

( B.Tech, M.Tech,R&D(AIT),Ex-Professor of Giani Zail Singh College )

About: Amrit Gaur Das is a Motivational Speaker, Life Coach, ISKCON Brahmacharya, and Preacher. After getting successfully settled in life, Amrit Gaur Das found that he is not happy with this materialistic life and wants to do something for our youth, after a couple of years ago he joined ISKCON Temple for advanced knowledge of self-realization, and today he's providing direction to our youth for their better future.

Date - 21th November to 28th November 2022

Hide quoted text

(We will be Scheduled according to your availability)

Duration - Maximum 45 to 60 minutes.

Mode - Offline

Featured program Benefits:

- How to control our mind
- Strategies to prevent intoxication
- How we can achieve our goal
- How to Avoid Distractions

Our students are the future of tomorrow and for the bright future of our students, we are providing them proper guidance to achieve their goals and how to avoid negativity, Depression, and stress with practical examples.

<https://mail.google.com/mail/u/0/?ik=5c21a30f62&view=pt&search=all&permthid=thread-f%3A1750356871120306337&siml=msg-f%3A1750356...> 1/2

## Number of Participants & Name of Participants

85+

(79+ Students, 6 Faculty Members)

**Department of Electronics and Economics  
Sri Venkateswara College  
University of Delhi**

**List of Participants  
The Art of Mind Control-A Personality Enrichment Session Based on Bhagavad Gita  
Seminar Hall, Durgabai Deshmukh Building, SVC, DU  
Held On Tuesday, 29 November 2022**

S. No.	Name of the Participant	Name of the Course	Year	College Roll Number
1	Peehu Chouksey	B.Sc. (Hons) Biochemistry	I	1222020
2	Nikita Ghosh	B.Sc. (Hons) Botany	I	1422010
3	Anoushka Tiwari	B.Sc. (Hons) Botany	I	1422016
4	Kashish	B.Sc. (Hons) Botany	I	1422003
5	Poorva	B.Sc. (Hons) Botany	I	1422030
6	Kritika	B.Sc. (Hons) Botany	I	1422047
7	Kanchan	B.Sc. (Hons) Botany	I	1422032
8	Supriyo Das	B.Sc. (Hons) Botany	II	1421046
9	Aditi Raj	B.Sc. (Hons) Botany	II	1421002
10	Janhavi Maloo	B.Sc. (Hons) Electronics	II	1621018
11	Nikita Dhyani	B.Sc. (Hons) Electronics	II	1621028
12	Adarsh Maurya	B.Sc. (Hons) Electronics	II	1621002
13	Ipshita Tripathi	B.Sc. (Hons) Electronics	II	1621017
14	Rohit Kumar	B.Sc. (Hons) Electronics	II	1621034
15	Deepanshi	B.Sc. (Hons) Electronics	II	1621012
16	Sunny Kumar	B.Sc. (Hons) Electronics	II	1621043
17	Mohit Bagadi	B.Sc. (Hons) Electronics	II	1621025
18	Abhimanyu Pratap Singh	B.Sc. (Hons) Electronics	II	1621001
19	Prashant	B.Sc. (Hons) Electronics	II	1621053
20	Advit Khera	B.Sc. (Hons) Electronics	II	1621005
21	Dev Aggarwal	B.Sc. (Hons) Electronics	II	1621013
22	Rohit Singh	B.Sc. (Hons) Electronics	II	1621033
23	Kislay Kumar	B.Sc. (Hons) Electronics	II	1621021

24	Devanshu Kala	B.Sc. (Hons) Electronics	II	1621014
25	Sumit Mishra	B.Sc. (Hons) Electronics	II	1621042
26	Roshan	B.Sc. (Hons) Electronics	II	1621037
27	Rohit Singh	B.Sc. (Hons) Electronics	II	1621036
28	Nandini Handa	B.Sc. (Hons) Electronics	II	1621026
29	Virender Sagar	B.Sc. (Hons) Electronics	II	1621045
30	Mohit	B.Sc. (Hons) Electronics	II	1621025
31	Aayush Gupta	B.Sc. (Hons) Electronics	I	1622048
32	Himanshu	B.Sc. (Hons) Electronics	I	1622036
33	Srijan Bhargava	B.Sc. (Hons) Electronics	I	1622026
34	Ayush Kukreti	B.Sc. (Hons) Electronics	I	1622001
35	Himanshu Pandey	B.Sc. (Hons) Electronics	I	1622047
36	Yash Nigam	B.Sc. (Hons) Electronics	I	1622011
37	Kartik Parashar	B.Sc. (Hons) Electronics	I	1622021
38	Binapani Sing	B.Sc. (Hons) Electronics	I	1622007
39	vibha yadav	B.Sc. (Hons) Electronics	I	1622041
40	Abhishek Kumar	B.Sc. (Hons) Electronics	I	1622014
41	Dev Aggarwal	B.Sc. (Hons) Electronics	I	1622050
42	Utkarsh Singh	B.Sc. (Hons) Electronics	I	1622022
43	Alok Yadav	B.Sc. (Hons) Electronics	I	1622046
44	Shruti Baranwal	B.Sc. (Hons) Electronics	I	1622044
45	Binapani Sing	B.Sc. (Hons) Electronics	I	1622007
46	Priyanshu Shanker	B.Sc. (Hons) Electronics	II	1421039
47	Adrija Jana	B.A. (Hons) English	I	222019
48	Hrio Choudhary	B.A. (Hons) History	II	621019
49	Akash Tripathi	B.Sc. (Hons) Maths	II	1721094
50	Raj vardhan sharma	B.Sc. (Hons) Maths	II	1721136
51	Hemant Singh Ahirwar	B.Sc. (Hons) Maths	II	1721118
52	Vihan Kumar	B.Sc. (Hons) Physics		

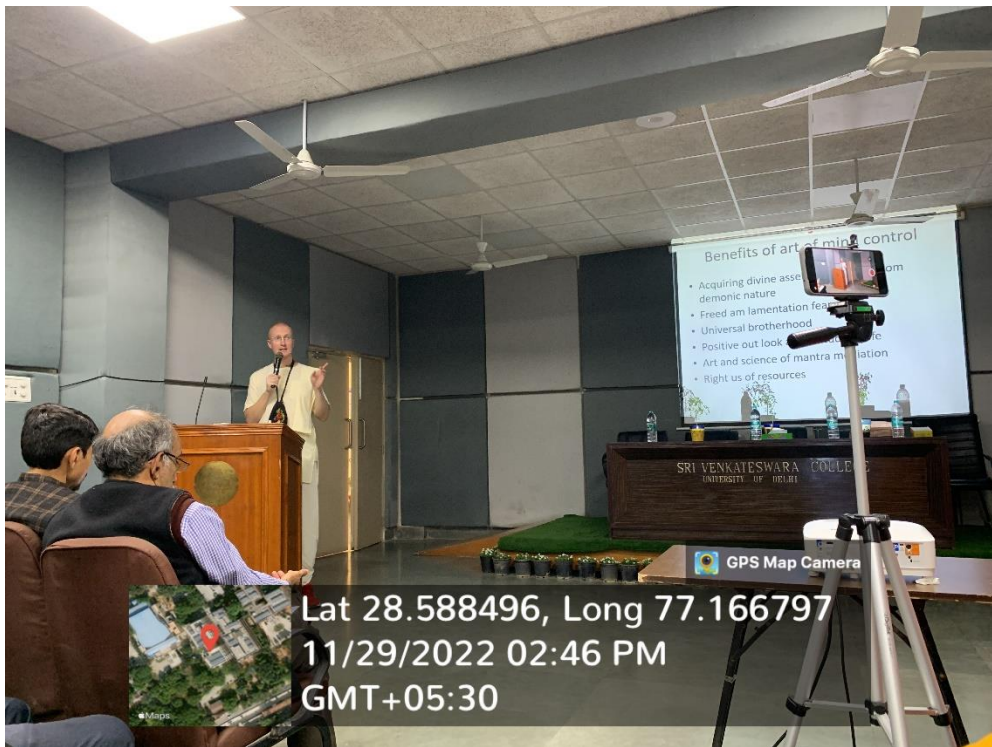
## Video Clip

Part I: [https://youtu.be/\\_rfYMqxe7kQ](https://youtu.be/_rfYMqxe7kQ)

Part II: <https://youtu.be/vtkwwlsq8DE>

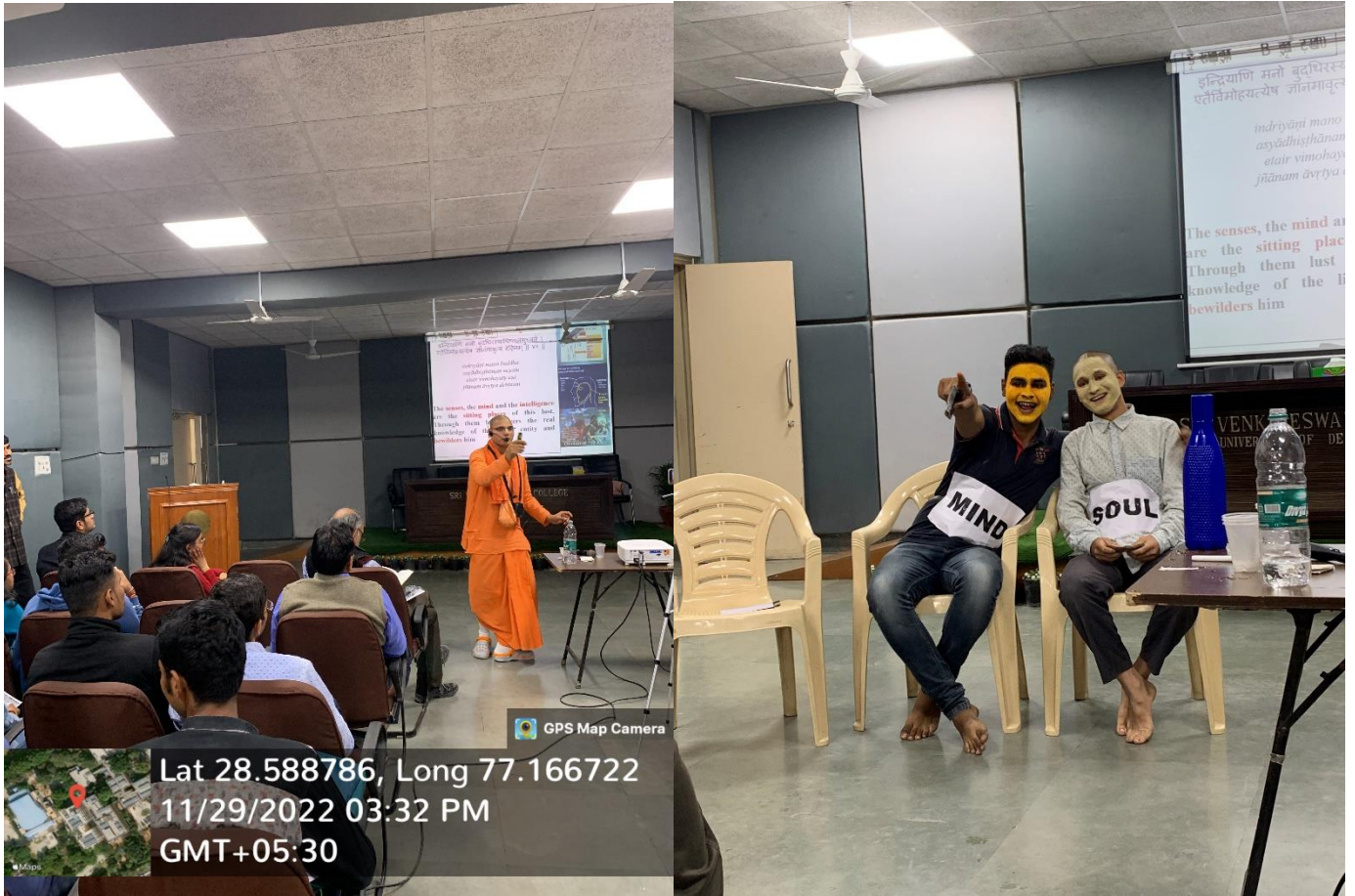
## Photos

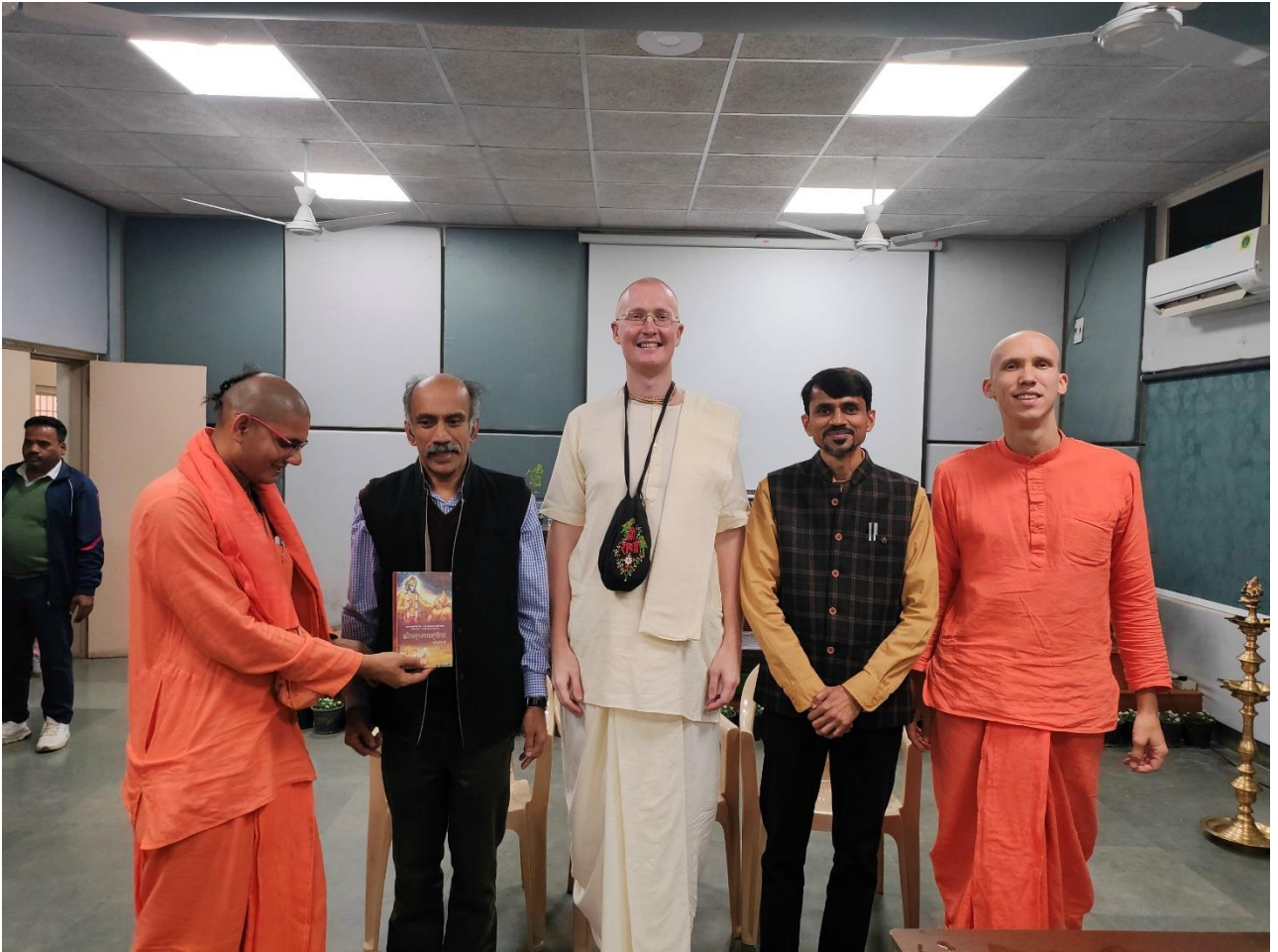














GPS Map Camera



**New Delhi, Delhi, India**

Arts Block, Dhaula Kuan Enclave I, Dhaula Kuan, New Delhi,  
Delhi 110021, India

Lat 28.589085°

Long 77.167605°

29/11/22 05:31 PM GMT +05:30

## Feedback Form & Analysis

We received positive responses from each participant and the workshop concluded on a happy note, opening wide ideas for the students interested in the field of meditation, mind control and personality enrichment.

**FEED BACK FORM**

Name ..... Himanshu ..... M/F ..... M .....

College / School / Institute ..... SVC .....

Contact No. .... 7061602310 .....

Do you want to Continue Spritual Yoga Meditation Classes  Yes  No

**FEED BACK FORM**

Name ..... Nihal yadav ..... M/F ..... M .....

College / School / Institute ..... SVC .....

Contact No. .... 8829810669 .....

Do you want to Continue Spritual Yoga Meditation Classes  Yes  No

**FEED BACK FORM**

Name ..... Hardik kothari ..... M/F ..... M .....

College / School / Institute ..... ~~0787965750~~ SVC .....

Contact No. .... 0787965750 .....

Do you want to Continue Spritual Yoga Meditation Classes  Yes  No



YES! You can experience the power of focused life!

# The Art of Mind Control

**29 NOV, TUE : 2:00 PM - 4:00 PM**

**A PERSONALITY ENRICHMENT WORKSHOP  
BASED ON BHAGAVAD-GITA**

**Have you ever Wondered**

- What you should focus on to be successful in life?
- How you can improve your concentration?
- What techniques you should learn to improve the quality of your life?

**If the answer is YES, this programme is for YOU!**

Motivational Talk | Mantra Meditation | Delicious Snacks

**VENUE: Sri Venkateswara College(DU)**

**HG LILA SHUKH PRABHUJI (Europe)**  
Teaching Bhakti Yoga from 15 Years

**HG AMRIT GAUR PRABHUJI**  
Ex.prof ,R&D (AIT) M.Tech

**HARE KRISHNA CENTRE**  
BHAKTIVEDANTA ACADEMY FOR CULTURE AND EDUCATION (BACE)  
F-2 campa cola gali near Atul helpline pharmacy lado sarai ND.-30

**FOR MORE DETAILS:**  
9888815430,  
9717600814





Tirumala Tirupati Devasthanams

శ్రీ వేంకటేశ్వర కళాశాల

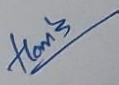
**Sri Venkateswara College**

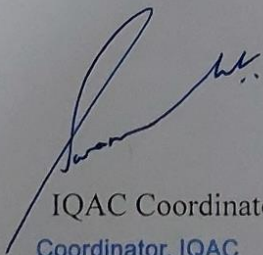
(University of Delhi)

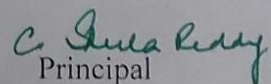
NAAC Grade A+

## CERTIFICATE

This is to certify that The Art of Mind Control-A Personality Enrichment Session Based On Bhagavad Gita was successfully conducted on 29th November 2022 from 02:00 PM to 04:30 PM by Department of Electronics and Economics in the Offline mode and its event report has been submitted to IQAC for records.

  
Dr. Hari Singh  
Event In-Charge

  
IQAC Coordinator  
Coordinator, IQAC  
Sri Venkateswara College  
(University of Delhi)  
Dhaura Kuan, New Delhi-110021

  
Principal  
PRINCIPAL  
Sri Venkateswara College  
(University of Delhi)  
Dhaura Kuan, New Delhi-110021